



CHANGING
Maryland
for the Better

DDA Family Support Waiver Regional Forums

June 19 – 22, 2017

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Agenda

- Introductions
- Regional Forum Purpose
- DDA Overview
- DDA Family Support Waiver
- Proposed Services
- Next Steps
- Open Dialogue and Questions

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Regional Forum Purpose

- To share information
- To get input on Family Support Waiver draft waiver service definitions
 - ✓ Family members with a child under 21 years on the DDA Waiting List
 - ✓ Family members with a child under 21 years with a developmental disabilities not receiving DDA funded services
 - ✓ Parent and Family Advocacy organizations

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Developmental Disabilities Administration

- The Developmental Disabilities Administration (DDA) is the primary State agency that funds community-based services and supports for people with developmental disabilities.
- The DDA partners with people with developmental disabilities and their families to provide support and resources to live fulfilling lives.



Developmental Disabilities Administration

- **DDA's Goal** - All Marylander's lead personally defined and fulfilling lives.
- **DDA's Mission** – To provide programmatic leadership in the design and development of services to afford people with developmental disabilities and their families a seamless service system that is responsive to the person's needs and personal outcomes.
- **DDA's Vision** - People will have full lives in the community of their choice where they are included, participate, and are active citizens.




Developmental Disabilities Administration

DDA's Essential Focus Areas for Community Living include:

- Self-Determination
- Self-Advocacy
- **Supporting Families**
- Employment
- Independent Supported Living



Supporting Families

- Support families with all of their complexity, strengths and unique abilities so they can best support, nurture, love and facilitate opportunities for the achievement of self-determination, interdependence, productivity, integration and inclusion in all facets of community life.
- Build capacity across and within the State to create policies, programs and services based on the current reality of expectations, services and supports. To enhance the lives of MD families  across the lifespan.



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Family Supports Waiver

The Governor's approved FY 2018 budget for the Developmental Disabilities Administration included:

- \$2.4 million Total Funds (\$1.2m General Funds + \$1.2m Federal Funds)
- To create a new **capped support waiver** for people waiting for services on the DDA Waiting List



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Family Supports Waiver

Goals for the new waiver include providing:

- Innovative service options that support MD's Supporting Families Community of Practice
- Individual and family self-direction opportunities
- Flexibility for individuals and families to move dollar amounts among line items within their approved person-centered/family-centered plan to meet the emerging and cyclical needs of the child and family
- Short-term exceptions to the overall budget caps based on exceptional needs (for example family caregiver support needs, post hospitalization, short term care needs)



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Family Supports Waiver

- Support people on the DDA waiting list ***under age 22***
- 400 individuals and families
- Variety of community-based service options for after school, nights, and weekends
- Implementation to begin January 2018
- \$12,000 annual per person service funding cap



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Family Supports Waiver

➤ What services to offer to meet the needs of families?

- ✓ National Best Practices
- ✓ Family Support Steering Committee
- ✓ DD Coalition Survey
- ✓ Regional Forums
- ✓ Official Public Input

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Family Supports Waiver

- Family Support Steering Committee - Service Themes
 - ✓ Assistive Technology
 - ✓ Community Support and Navigation
 - ✓ Environmental Modifications
 - ✓ Family Caregiver Training
 - ✓ Family Empowerment Supports
 - ✓ Family-to-Family Support
 - ✓ Individual Education and Training
 - ✓ Peer-to-Peer Support
 - ✓ Respite
 - ✓ Self-Advocacy Supports
 - ✓ Supportive Home Care



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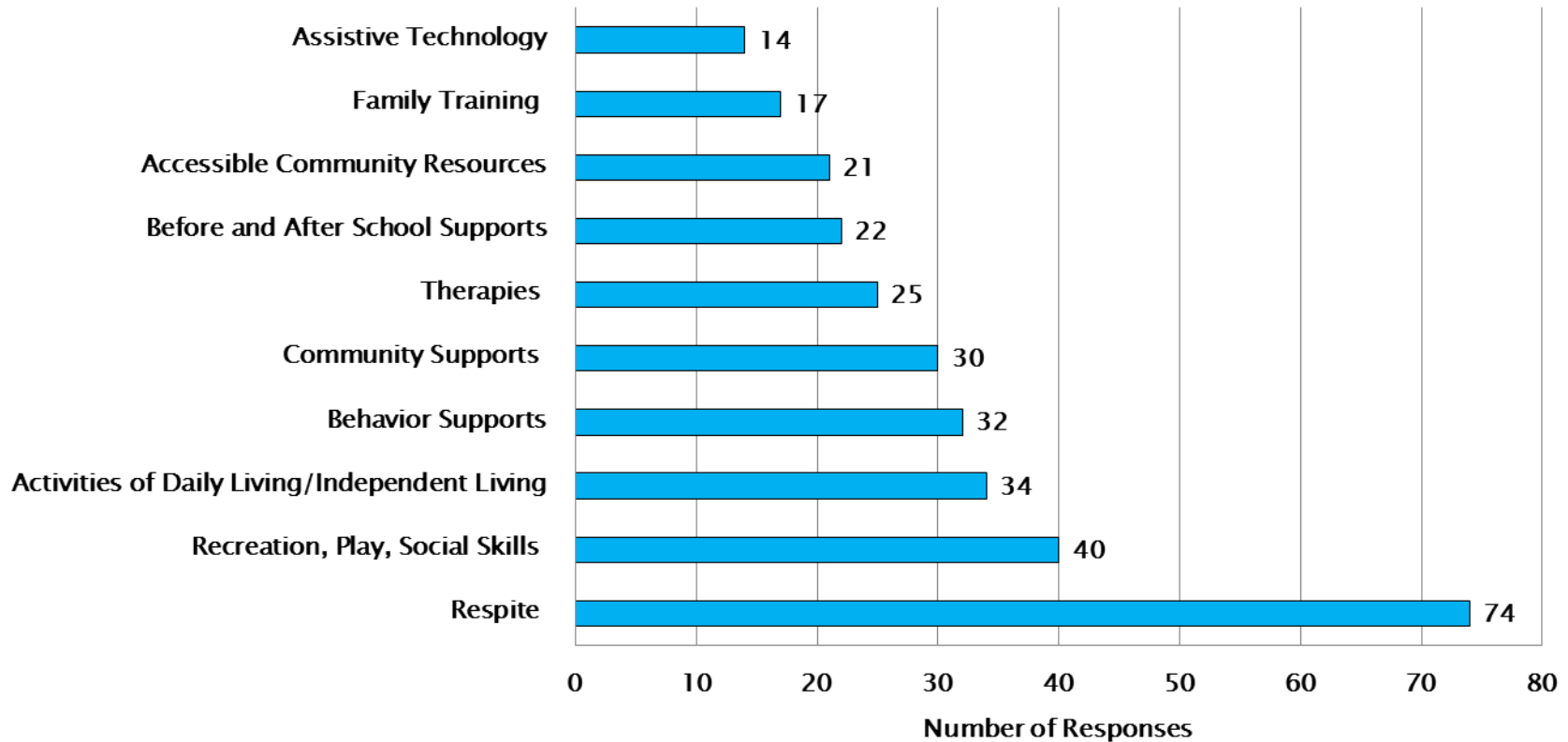


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Family Supports Waiver

Maryland Family Support Waiver Survey Top 10 Identified Services



*Data represents 52 responses related to the six questions

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Proposed Services

Assistive Technology and Services	Individual and Family Directed Goods and Services
Behavioral Support Services	Participant Education, Training, and Advocacy Supports
Community Support and Navigation	Personal Supports
Environmental Assessments	Respite Care Services
Environmental Modifications	Transportation
Family Caregiver Training and Empowerment Services	Vehicle Modifications
Family and Peer Mentoring Supports	



Assistive Technology and Services

- Assistive technology means an item, piece of equipment, or product system. It can be acquired commercially, modified, or customized.
- Helps maintain or improve an individual's functional abilities, enhance interactions, support meaningful relationships, promote ability to live independently, and meaningfully participate in their community



Assistive Technology and Services



Assistive technology devices include:

- Speech and communication devices also known as augmentative and alternative communication devices (AAC) such as speech generating devices, text-to-speech devices and voice amplification devices;
- Blind and low vision devices such as video magnifiers, devices with optical character recognizer (OCR) and Braille note takers;
- Deaf and hard of hearing devices such as alerting devices, alarms, and assistive listening devices;



Assistive Technology and Services

Assistive technology devices include:

- Devices for computers and telephone use such as alternative mice and keyboards or hands-free phones;
- Environmental control devices such as voice activated lights, lights, fans, and door openers;
- Aides for daily living such as weighted utensils, adapted writing implements, dressing aids;



Assistive Technology and Services

Assistive technology devices include:

- Cognitive support devices such as task analysis applications or reminder systems;
- Remote support devices such as remote health monitoring and personal emergency response systems; and
- Adapted toys and specialized equipment for children such as specialized car seats and adapted bikes.



Assistive Technology and Services



Assistive technology services include:

- Assistive Technology needs assessment;
- Training or technical assistance for the individual and their support network including family members;
- Repair and maintenance of devices and equipment;
- Programming and configuration of devices and equipment;
- Coordination and use of assistive technology devices and equipment with other necessary therapies, interventions, or services in the person centered plan; and
- Services consisting of purchasing or leasing devices.



Behavioral Support Services

Behavioral Support services includes:

- Behavioral Assessment - services to help understand an individual's challenging behavior and what need it is communicating in order to develop a Behavior Supports Plan to enhance the individual's independence and inclusion in their community;
- Behavioral Consultation - services that oversee and monitor the implementation of recommendations developed under the Behavioral Assessment as indicated in the Behavior Supports Plan; and
- Brief Support Implementation Services - time limited service to provide direct assistance and modeling to families, support staff, and caregivers so they can independently implement the Behavior Supports Plan.



Community Support and Navigation Services

Community Support and Navigation assists individuals and families in:

- Promoting a spirit of personal reliance and contribution, mutual support and community connection;
- Developing social networks and connections within local communities;
- Emphasizing, promoting and coordinating the use of unpaid supports to address individual and family needs in addition to paid services; and
- Effectively leveraging existing waiver services.



Community Support and Navigation Services

Support s provided include:

- Helping to develop a network for information and mutual support from others who receive services or family caregivers of individuals with disabilities;
- Assisting with identifying and utilizing supports available from community service organizations, such as churches, schools, colleges, libraries, neighborhood associations, clubs, recreational entities, businesses and community organizations focused on exchange of services (e.g. time banks); and
- Assisting with providing mutual support to one another (through service/support exchange), and contributions offered to others in the community.



Environmental Assessment

- On-site assessment with the individual at their primary residence to determine if *environmental modifications or assistive technology* may be necessary.

- Environmental assessment includes:
 - ✓ an evaluation of the individual;
 - ✓ environmental factors in the home;
 - ✓ the individual's ability to perform activities of daily living;
 - ✓ the individual's strength, range of motion, and endurance;
 - ✓ the individual's need for assistive technology and or modifications;
and
 - ✓ the individual's support network including family members' capacity to support independence.



Environmental Modifications

- Physical modifications to the home based on an assessment designed to support the individual's efforts to function with greater independence and/or to create a safer, healthier environment.



Environmental Modifications

- Environmental Modifications include but are not limited to:
- ✓ Installation of grab bars;
- ✓ Construction of access ramps and railings;
- ✓ Installation of detectable warnings on walking surfaces;
- ✓ Alerting devices for individual who has a hearing or sight impairment;
- ✓ Adaptations to the electrical, telephone, and lighting systems;
- ✓ Generator to support medical and health devices that require electricity;
- ✓ Widening of doorways and halls;



Environmental Modifications

- Environmental Modifications *continued*:
- ✓ Door openers;
- ✓ Installation of lifts and stair glides such as overhead lift systems and vertical lifts;
- ✓ Bathroom modifications for accessibility and independence with self-care;
- ✓ Kitchens modifications for accessibility and independence;



Environmental Modifications

- Environmental Modifications *continued*:
- ✓ Alarms or locks on windows, doors, and fences; protective padding on walls, floors, or pipes; Plexiglas, safety glass, a protected glass coating on windows; outside gates and fences; brackets for appliances; raised/lowered electrical switches and sockets; and safety screen doors which are necessary for the health, welfare, and safety of the individual;
- ✓ Training on use of modification; and
- ✓ Service and maintenance of the modification.



Family Caregiver Training & Empowerment Services

- Education and support (based on the family/caregiver's unique needs) to preserve the family unit and increase confidence, stamina and empowerment.
- This service includes educational materials, training programs, workshops and conferences, and transportation to and from training that help the family caregiver to:
 - ✓ Understand the disability of the person supported;
 - ✓ Achieve greater competence and confidence in providing supports;
 - ✓ Develop and access community and other resources and supports;
 - ✓ Develop or enhance key parenting strategies;
 - ✓ Develop advocacy skills; and
 - ✓ Support the person in developing self-advocacy skills



Family and Peer Mentoring

- Information, resources, guidance, and support from an experienced and trained peer mentor, parent or other family member to a peer, another parent or family caregiver who is the primary unpaid support to a child/young adult with intellectual or developmental disabilities.
- Family and Peer mentoring actively engages participants and family members of participants to share their successful strategies and experiences in navigating a broad range of community resources beyond those offered through the waiver with other waiver participants and their families.
- Mentors may explain community services and programs and suggest strategies to the waiver participant and family to achieve the waiver participant's goals.



Individual and Family Directed Goods and Services

- Services, equipment, or supplies for self-directing participants that:
 - ✓ Relate to a need or goal identified in the person centered plan;
 - ✓ Maintain or increase independence;
 - ✓ Promote opportunities for community living and inclusion; and
 - ✓ Not available under a waiver service or State Plan service



Individual and Family Directed Goods and Services

- Must meet the following requirements:
- ✓ the item or service would decrease the need for other Medicaid services; AND/OR
- ✓ promote inclusion in the community; AND/OR
- ✓ increase the participant's safety in the home environment; AND
- ✓ the participant does not have the funds to purchase the item or service or the item or service is not available through another source.



Participant Education, Training & Advocacy Supports

- Training programs, workshops and conferences that help the person develop self-advocacy skills, exercise civil rights, and acquire skills needed to exercise control and responsibility over other support services.
- Covered expenses may include:
 - ✓ Enrollment fees,
 - ✓ Books and other educational materials, and
 - ✓ Transportation related to participation in training courses, conferences and other similar events.



Personal Supports

- Services assist individuals who live in their own or family homes in acquiring and building the skills necessary to maximize their personal independence including:
 - ✓ In home skills development such as budgeting and money management; completing homework; maintaining a bedroom for a child or home for an adult; being a good tenant; cooking; personal care; house cleaning/chores; and laundry;



Personal Supports

- ✓ Community integration and engagement skills development needed to be part of a family event or community at large.
- ✓ Development of skills or provide the supports making it possible for individuals and families to lead full integrated lives
 - Examples include: grocery shopping; getting a haircut; using public transportation; attending school or social events; joining community organizations or clubs; any form of recreation or leisure activity; volunteering; and participating in organized worship or spiritual activities); and
- ✓ Personal care assistance services during in home skills development and community activities.



Respite Care Services

- Short-term care intended to provide both the family and the individual with a break from their daily routines.
- Respite relieves families from their daily care giving responsibilities, while providing the individual with new opportunities, experiences, and facilitates self-determination
- Respite can be provided in:
 - ✓ the individual's own home,
 - ✓ the home of a respite care provider,
 - ✓ a licensed residential site,
 - ✓ State certified overnight or youth camps, and
 - ✓ other settings and camps as approved by DDA



Transportation Services

- Transportation services are designed specifically to improve the person's and the family caregiver's ability to access community activities within their own community in response to needs identified through the individual's person-centered plan.



Knowledge
is
power!



Transportation Services

- Transportation services can include:
 - ✓ Orientation services in using other senses or supports for safe movement from one place to another;
 - ✓ Mobility such as transportation coordination and accessing resources;
 - ✓ Travel training such as supporting the individual and family in learning how to access and utilize informal, generic, and public transportation for independence and community integration;
 - ✓ Transportation services provided by different modalities, including: public and community transportation, taxi services, transportation specific prepaid transportation cards, mileage reimbursement, volunteer transportation, and non-traditional transportation providers; and
 - ✓ Purchase of prepaid transportation vouchers and cards such as the Charm Card and Taxi Cards.



Vehicle Modifications

- Adaptations or alterations to a vehicle that is the individual's or child's family's primary means of transportation.
- Vehicle modifications are designed to accommodate the needs of the individual and families and enable them to integrate more fully into the community and to ensure the health, welfare and safety and integration by removing barriers to transportation



Vehicle Modifications

- Vehicle modifications may include:
- ✓ Assessment services to (a) help determine specific needs of the individual as a driver or passenger, (b) review modification options, and (c) develop a prescription for required modifications of a vehicle;
- ✓ Assistance with modifications to be purchased and installed in a vehicle owned by or a new vehicle purchased by the individual, or legally responsible parent of a minor or other caretaker as approved by DDA;
- ✓ Non-warranty vehicle modification repairs; and
- ✓ Training on use of the modification



Next Steps

- DDA Family Support Waiver Regional Forums June 19th – 22nd , 2017
- State review of input for consideration of final revisions – June 2017
- Official final public inputs – July 2017
- Waiver submissions to CMS – September 2017
- Respond to CMS questions – September through December 2017
- Projected CMS approval – December 2017
- Projected effective date – January 2018



DDA Website Information

➤ **DDA FAMILY SUPPORTS Waiver**

https://dda.health.maryland.gov/Pages/DDA_FAMILY_SUPPORTS_Waiver.aspx

➤ **DDA FAMILY SUPPORTS Waiver Proposed Services**

https://dda.health.maryland.gov/Pages/DDA_FAMILY_SUPPORTS_Waiver_Proposed_Services.aspx



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Open Discussion

- Suggestions to enhance proposed services
- Suggestions to enhance provider qualifications
- Questions we need to consider



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